

New Insulin Injection Technique & Smart Insulin Pump Therapy in children



Prof. Abdulmoein Al-Agha, FRCPCH(UK)

aagha@kau.edu.sa

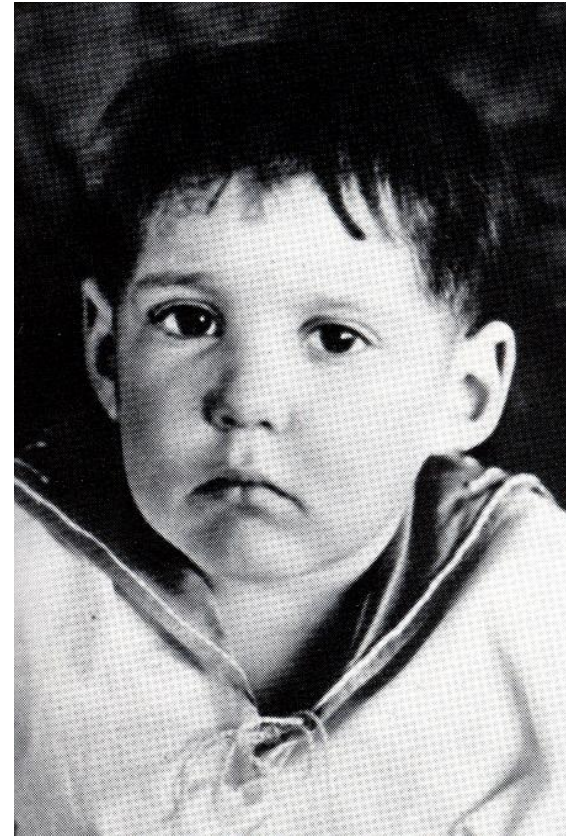
Highlights

- Insulin Injections techniques
 - Syringe
 - Pens
 - I-Port
- Insulin Pump
 - Evolution of insulin pump
 - Advantage/ disadvantage of CSII
 - Smart pumps
- Future of pumps
- Artificial Pancreas

The Miracle of Insulin



Patient J.L., December 15, 1922



February 15, 1923

With Out Insulin



With Treatment of Insulin





Insulin Syringes

- U-30
- U-50
- U-100
- One time, one person use only!



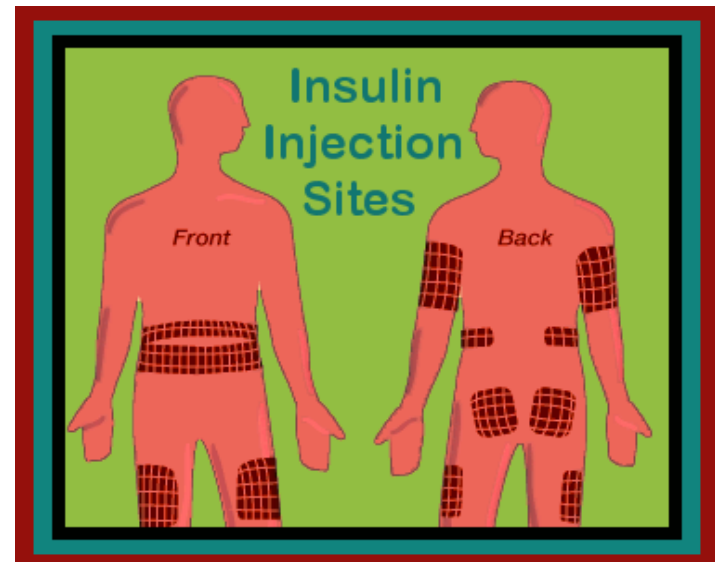
Needle size does matter...



Where to Give Insulin: On Target!

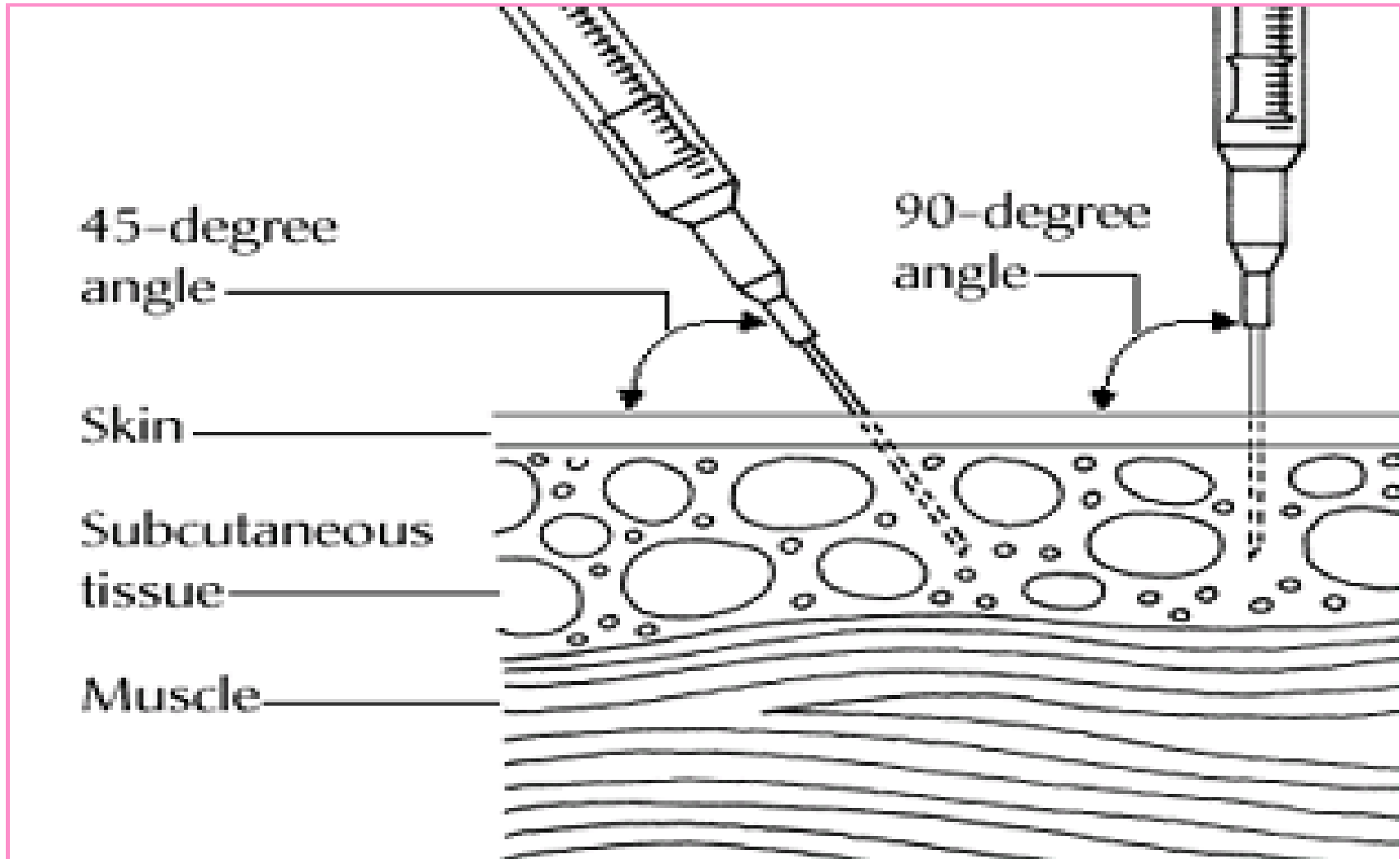


- Inject into fat layer under skin
- Rotate sites



- Common sites: abdomen, thigh, buttocks, upper arms

Insulin Injection Technique



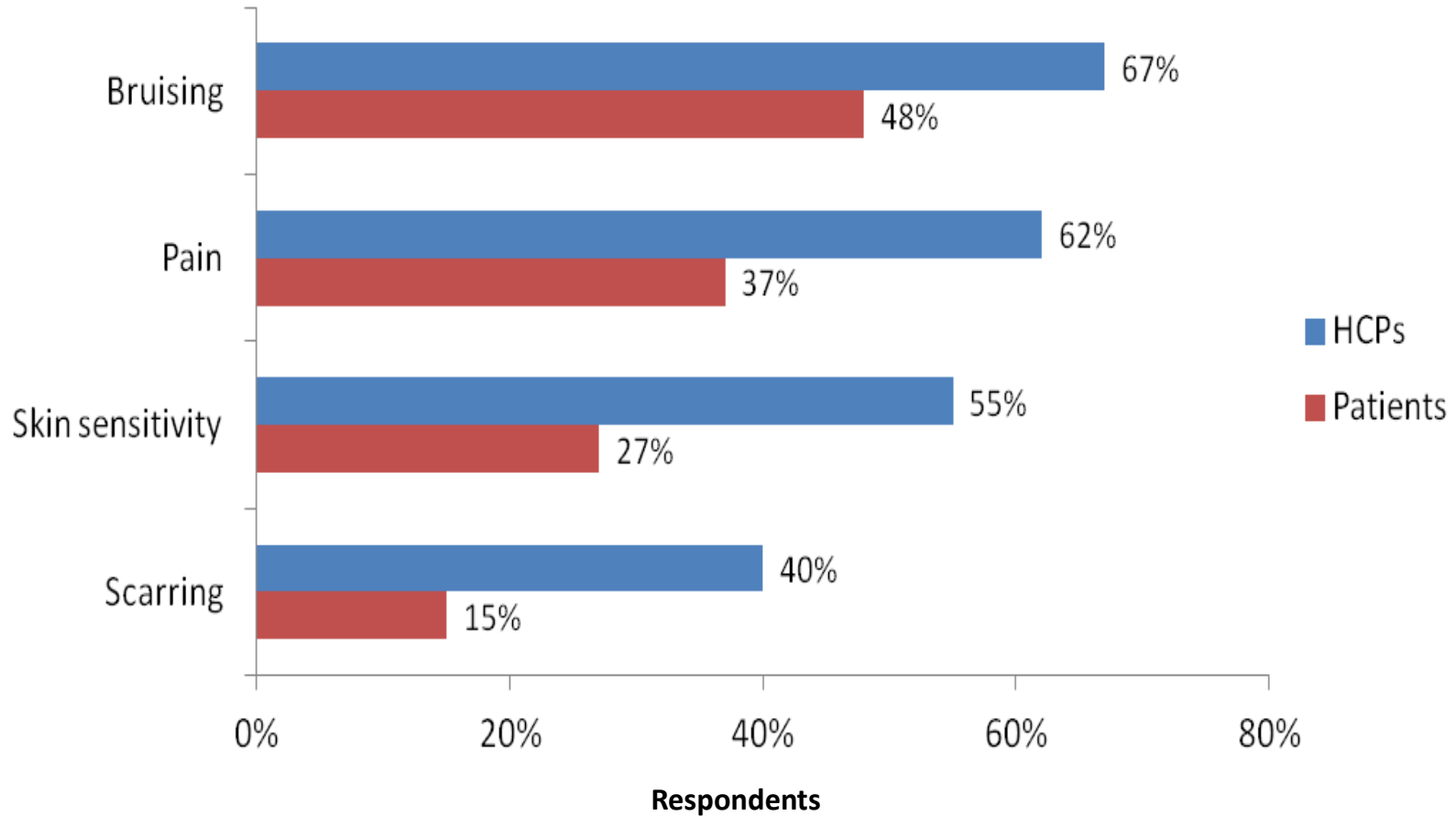
Insulin Delivery Devices

- Syringe
- Pump
- Pen Device



Unmet Need in Patients Requiring Daily Subcutaneous Injections

Physical consequences of daily insulin injections, as reported by patients and their HCPs*1

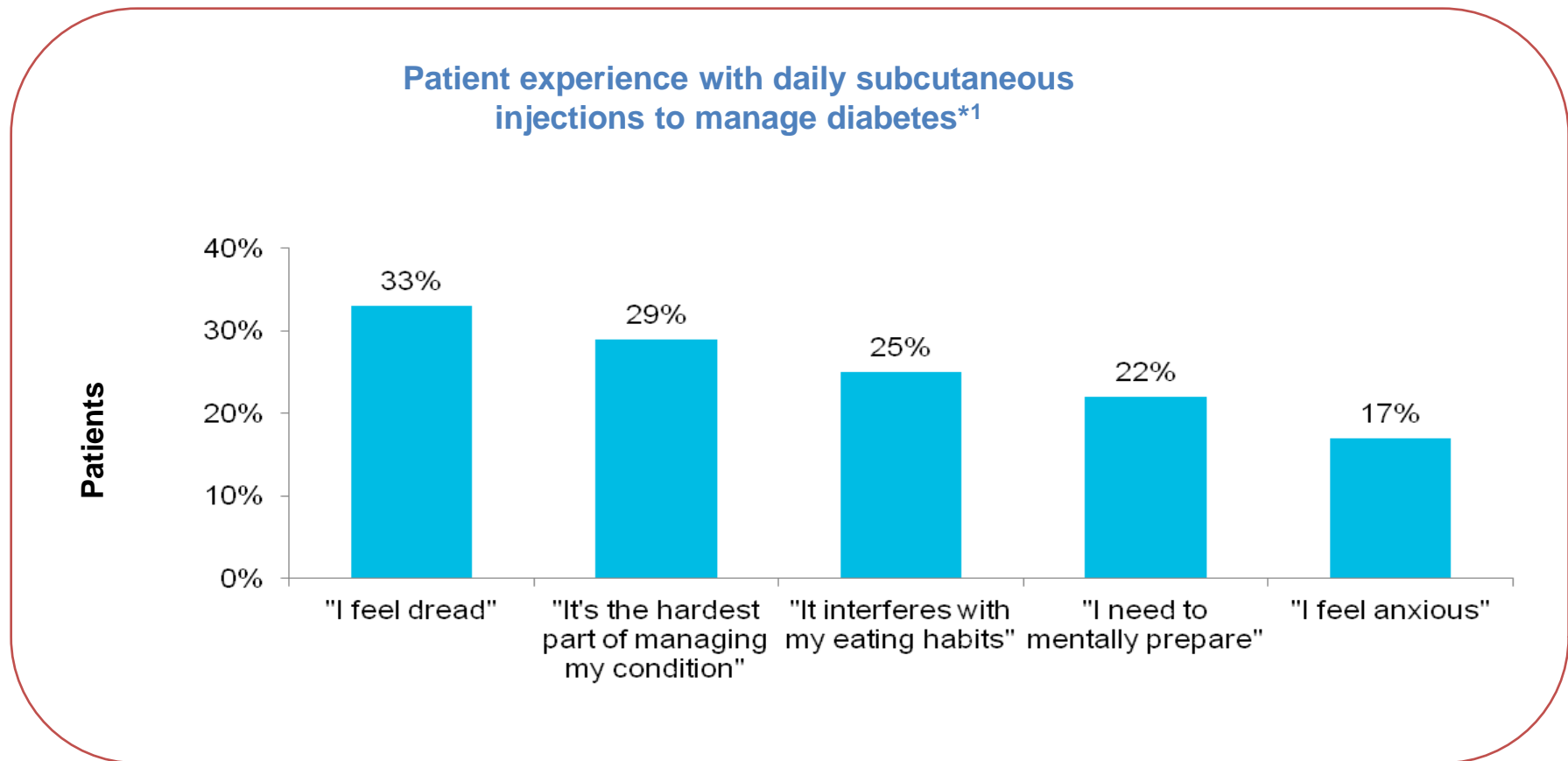


- Nearly half of all patients requiring daily injections report bruising – and more than one third report pain – as a result of daily subcutaneous injections*1

*Survey of 502 patients and 301 HCPs in the US in 2008, in which the impact of daily insulin injections was investigated
HCP=healthcare professional

1. American Association of Diabetes Educators. Injection impact report. <http://www.injectionimpact.com/index.html>. Published 2008. Accessed May 1, 2015

Patients and HCPs report a variety of psychological issues with daily subcutaneous injections



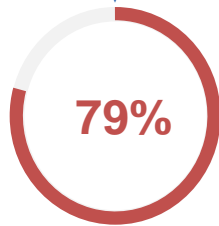
Children and their parents fear injections

8% of children and adolescents with type 1 diabetes, and 17% of their parents, have pronounced needle phobia



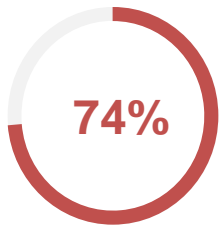
Initiation

diabetes patients are **reluctant to initiate** insulin therapy*



Adherence

of physicians state that diabetes patients **skip injections** "at least sometimes"



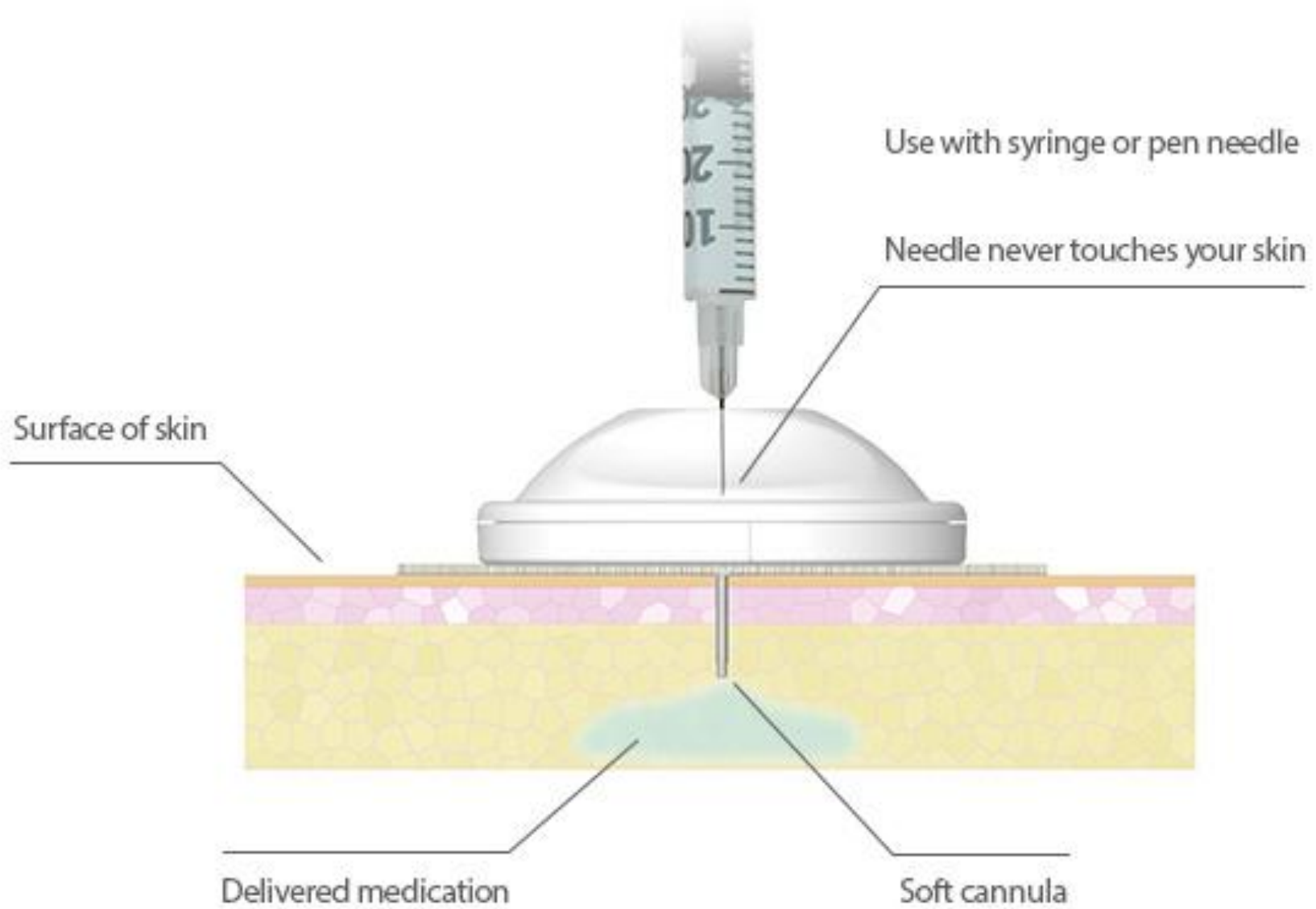
Continuation

Children who **discontinue** insulin therapy do so for reasons relating to the insulin injection itself

Value summary

**The value of
i-Port Advance[®]
in patients requiring
daily subcutaneous
injections**





No needle remains under the skin

Unmet need with insulin injections/ Pens

- There is a need for new injection technologies to reduce the pain, stress and adherence issues associated with daily subcutaneous injections

Technological advancements with i-Port Advance

- i-Port Advance – an FDA-approved subcutaneous injection port – is inserted with a single skin puncture, after which no more punctures are required for 72 hours

Clinical benefit of i-Port Advance

- In patients requiring daily subcutaneous injections, injection ports – such as i-Port Advance – significantly improve disease control, and quality of life, compared with standard injections

Economics of daily subcutaneous injections

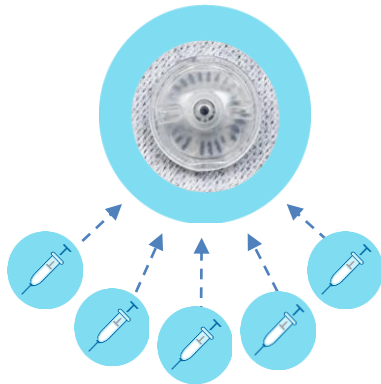
- Injection ports – such as i-Port Advance – may improve adherence and disease control compared with standard injections, leading to substantial reductions in healthcare resource use and costs

Technological Advancements with i-Port Advance



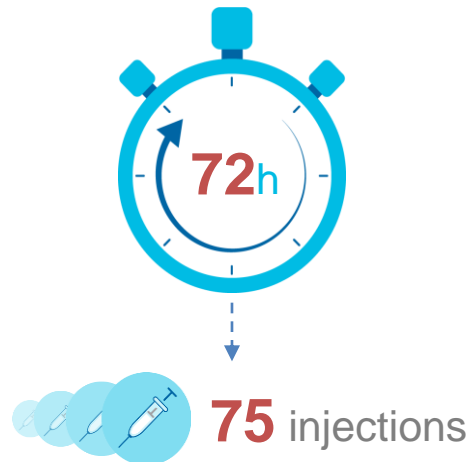
FDA cleared*

For use in patients who receive **multiple daily subcutaneous injections** of physician-prescribed medications



Practical

Can be used for up to **72 hours** to accommodate up to **75 injections¹**



Versatile

Can be worn

- at **home**
- while **exercising**
- while **sleeping**
- when **washing**

*FDA clearance is granted when the FDA has determined that the medical device is substantially equivalent to another legally marketed device

FDA=Food and Drug Administration

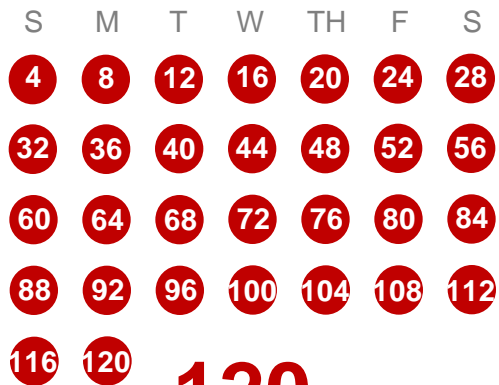
1. Medtronic MiniMed, Inc. i-Port Advance. <http://www.medtronicdiabetes.com/treatment-and-products/i-Port-Advance>. Published: 2015.

Accessed: May 1, 2015



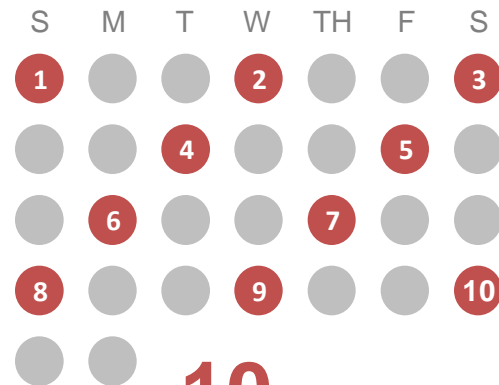
Number of skin punctures required in thirty days using i-Port Advance versus standard injection*1

Month **without i-Port Advance**



120 skin punctures

Month **with i-Port Advance**



10 skin punctures

*Assuming four injections per day

1. i-Port Advance. i-Port injection port mitigates problems identified by injection impact report. Medtronic MiniMed, Inc. 2014

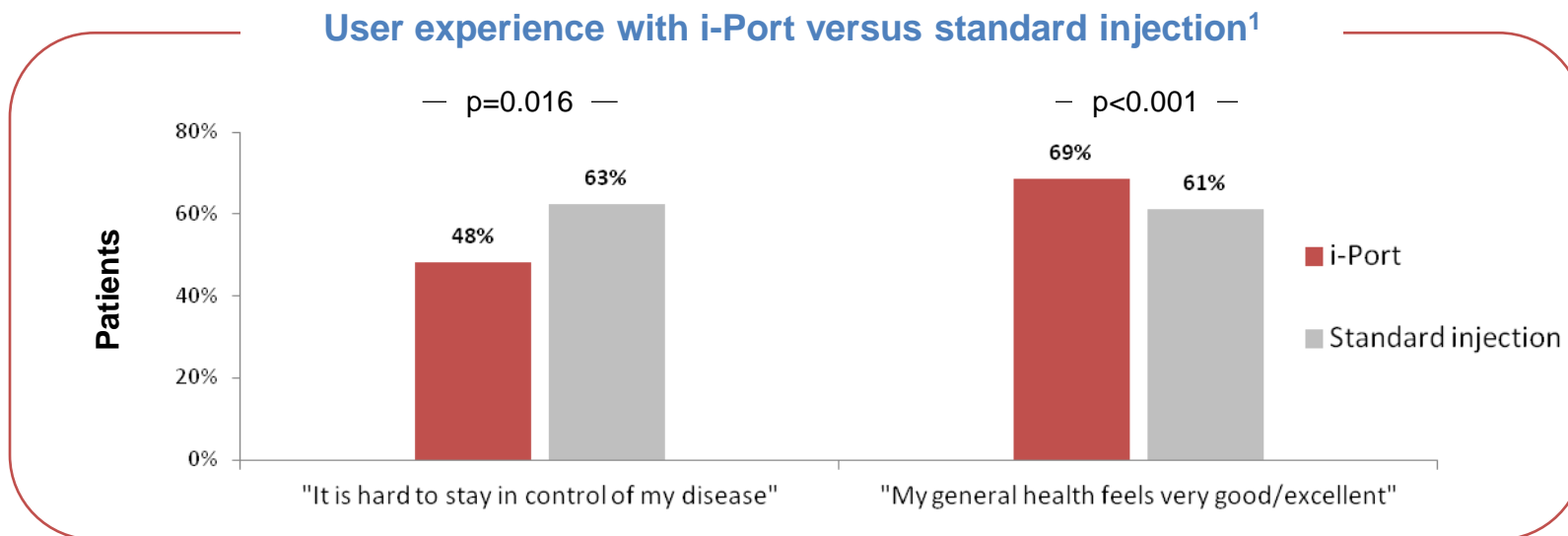
Clinical Benefit of I-Port Advance

69% of patients felt **i-Port was useful and helped manage their condition**

68% of patients **forgot they were wearing i-Port**

71% of patients thought **using i-Port was not difficult**

- Using i-Port significantly improved patient-reported disease control and general health versus standard injection*¹:



*Multicenter, randomized, prospective, controlled, open-label, two-period crossover study investigating the function of i-Port versus standard injections in 74 patients with diabetes

1. Blevins T, Shwartz SL, Bode B et al. A study assessing an injection port for administration of insulin. *Diabetes Spectr.* 2008;21(3):197–202



Significantly lower perception of pain

when using injection ports versus standard injections, as reported by patients, their parents and their provider*¹

Lower anxiety

in parents of children using injection ports versus standard injections*¹

Improved QoL

as reported by the parents of children using injection ports versus standard injections**²

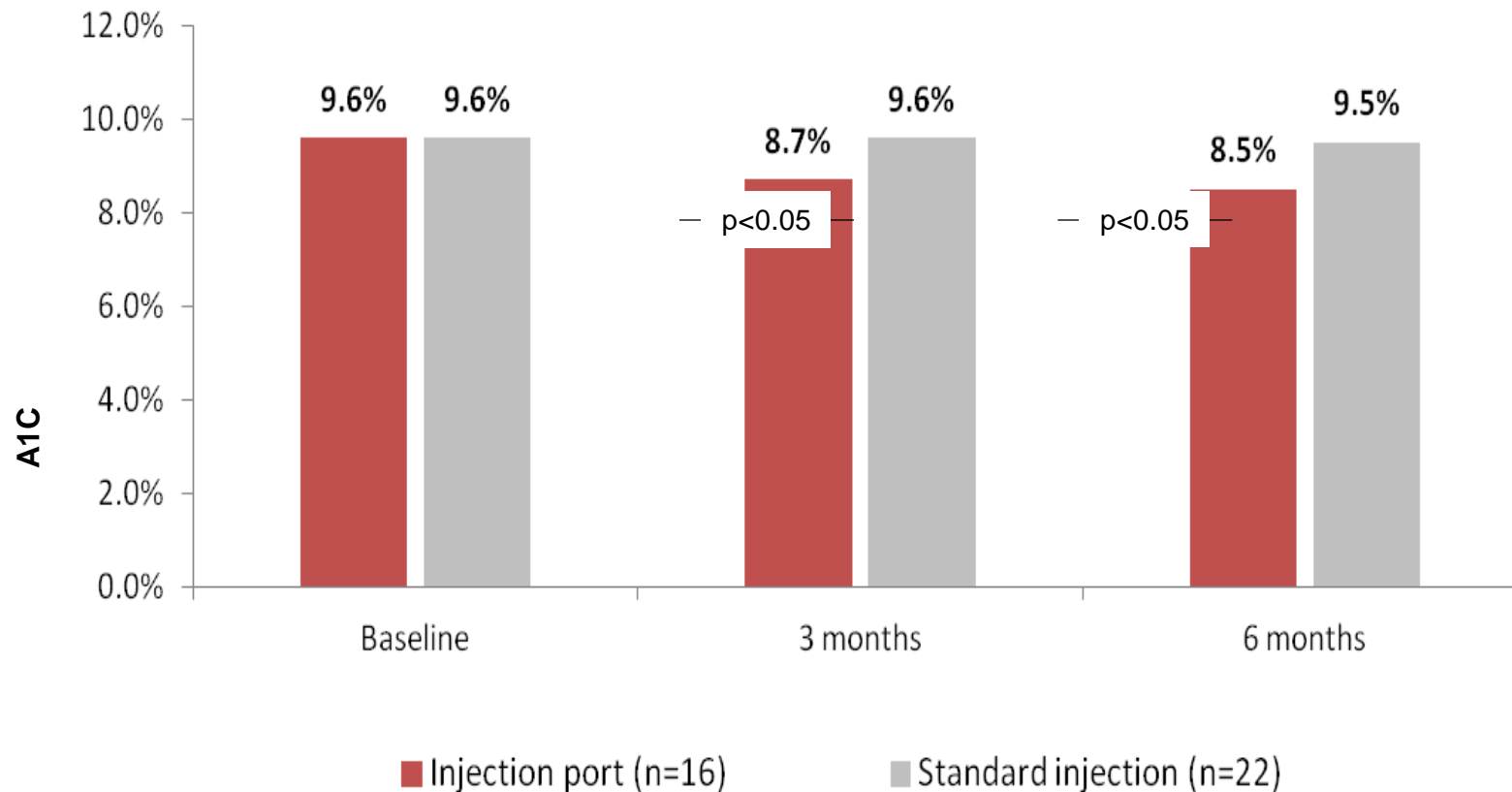
*Open label, randomized, controlled trial of 41 young patients (aged 3–15 years) with diabetes, investigating patient anxiety and pain when using an injection port versus standard injection to deliver insulin

**Study of 40 young patients (aged 1–5 years) with diabetes, investigating glycemic control and QoL when using an injection port versus standard injection to deliver insulin

HCP=healthcare professional; QoL=quality of life

1. Hanas R, Adolfsson P, Elfvin-Åkesson K et al. Indwelling catheters used from the onset of diabetes decrease injection pain and pre-injection anxiety. *J Pediatr.* 2002;140(3):315–320; 2. Rabbone I, Bobbio A, Di Gianni V, Sacchetti C, Cerutti F. Intensive insulin therapy in preschool-aged diabetic children: from multiple daily injections to continuous subcutaneous insulin infusion through indwelling catheters. *J Endocrinol Invest.* 2008;31(3):193–195

A1C control with injection port versus standard injections*¹



*Randomized controlled trial of 66 young patients with diabetes, investigating A1C control when using an injection port versus standard injection ± alarm to administer insulin

A1C=glycated hemoglobin

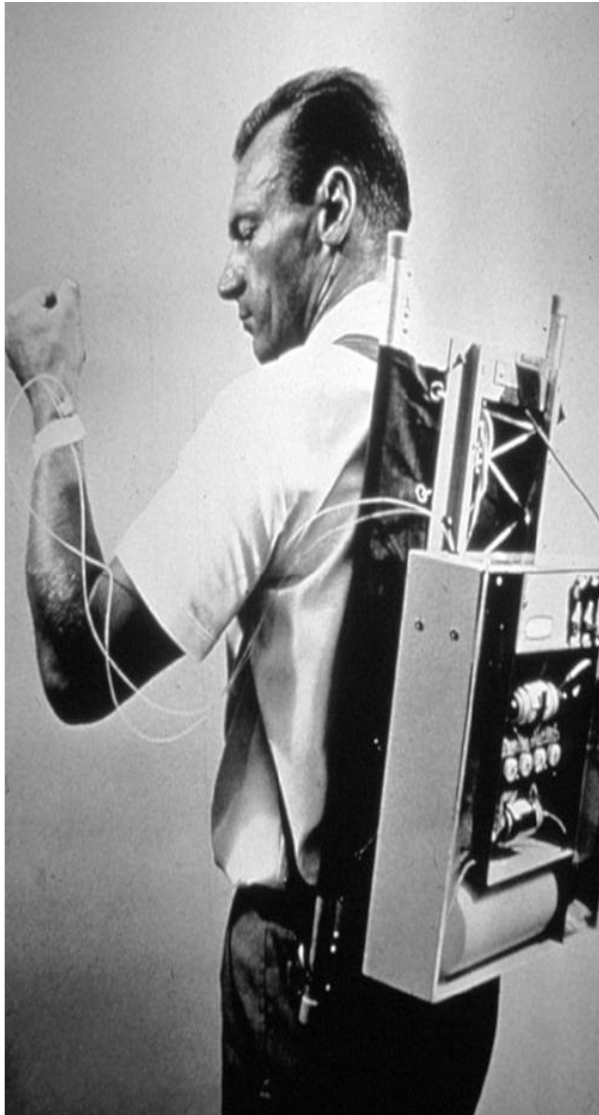
1. Burdick P, Cooper S, Horner B, Cobry E, McFann K, Chase HP. Use of a subcutaneous injection port to improve glycemic control in children with type 1 diabetes. *Pediatr Diabetes*. 2009;10:116–119

Smart Insulin Pump

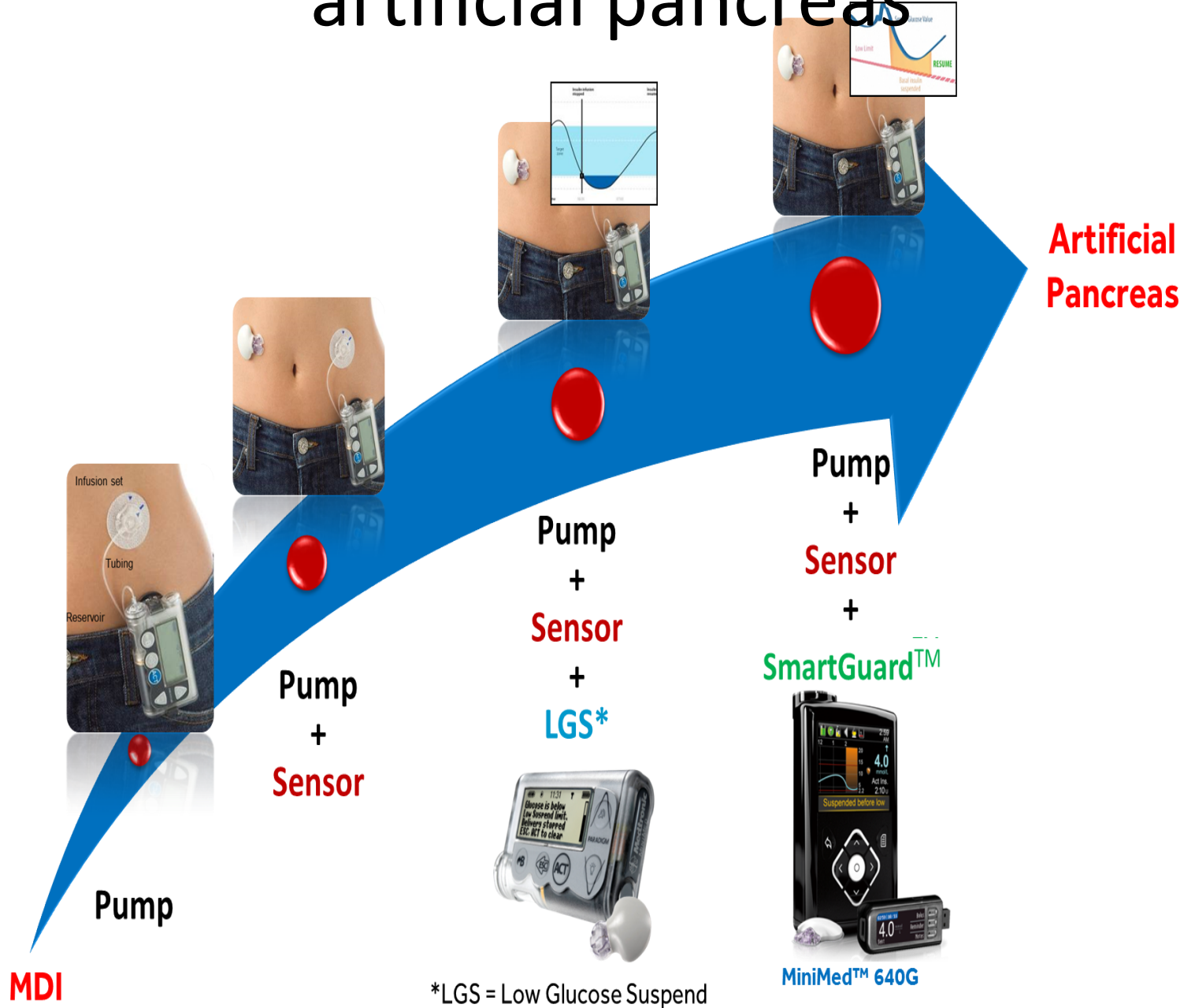
EVOLUTION OF INSULIN PUMP THERAPY

- The idea of continuous insulin delivery first emerged in the **early 1960s** when Dr Arnold Kadish from Los Angeles fashioned a device that would permit such insulin delivery
- This device was the **size of an army backpack** making it impractical for everyday use
- First pump employed continuous **intravenous insulin delivery**, and then by the more practical means of continuous subcutaneous insulin infusion (CSII)

Insulin Pump Therapy: Past



Evolution in diabetes technology towards artificial pancreas



Insulin Pump Therapy: Present



Model 515



Model 715

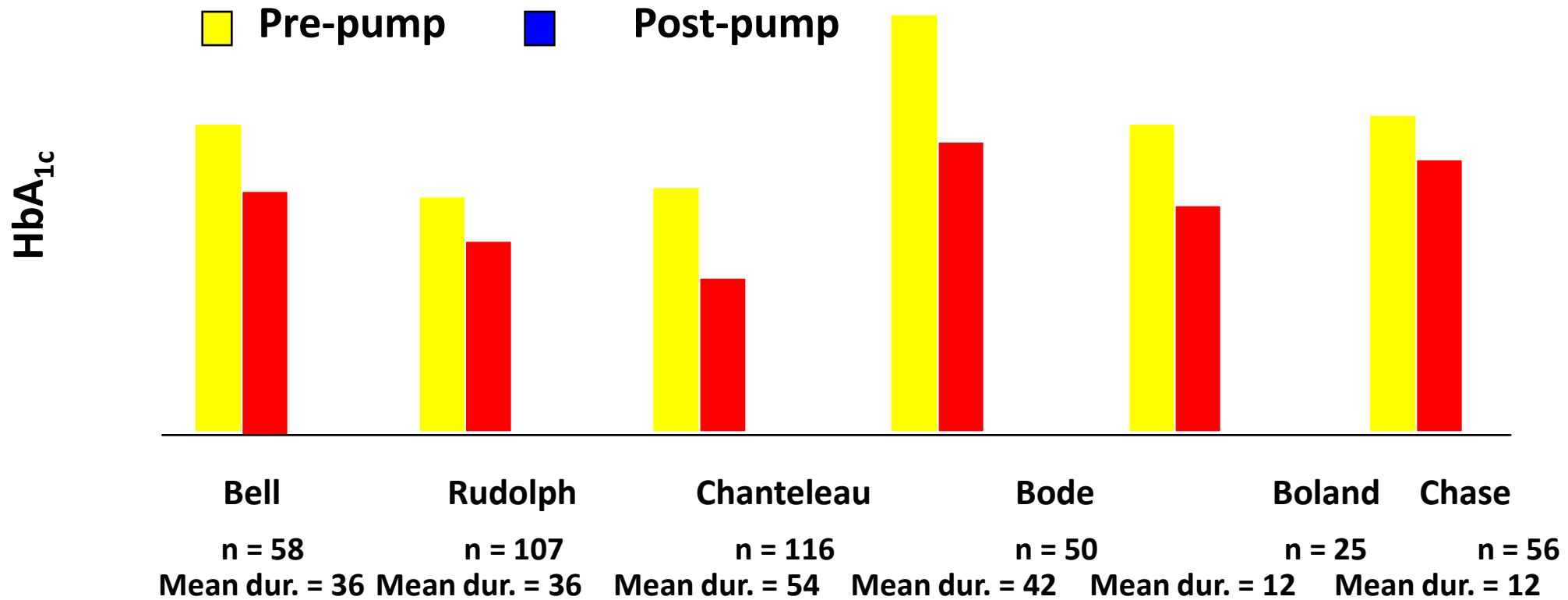


Coming Soon



ADVANTAGES

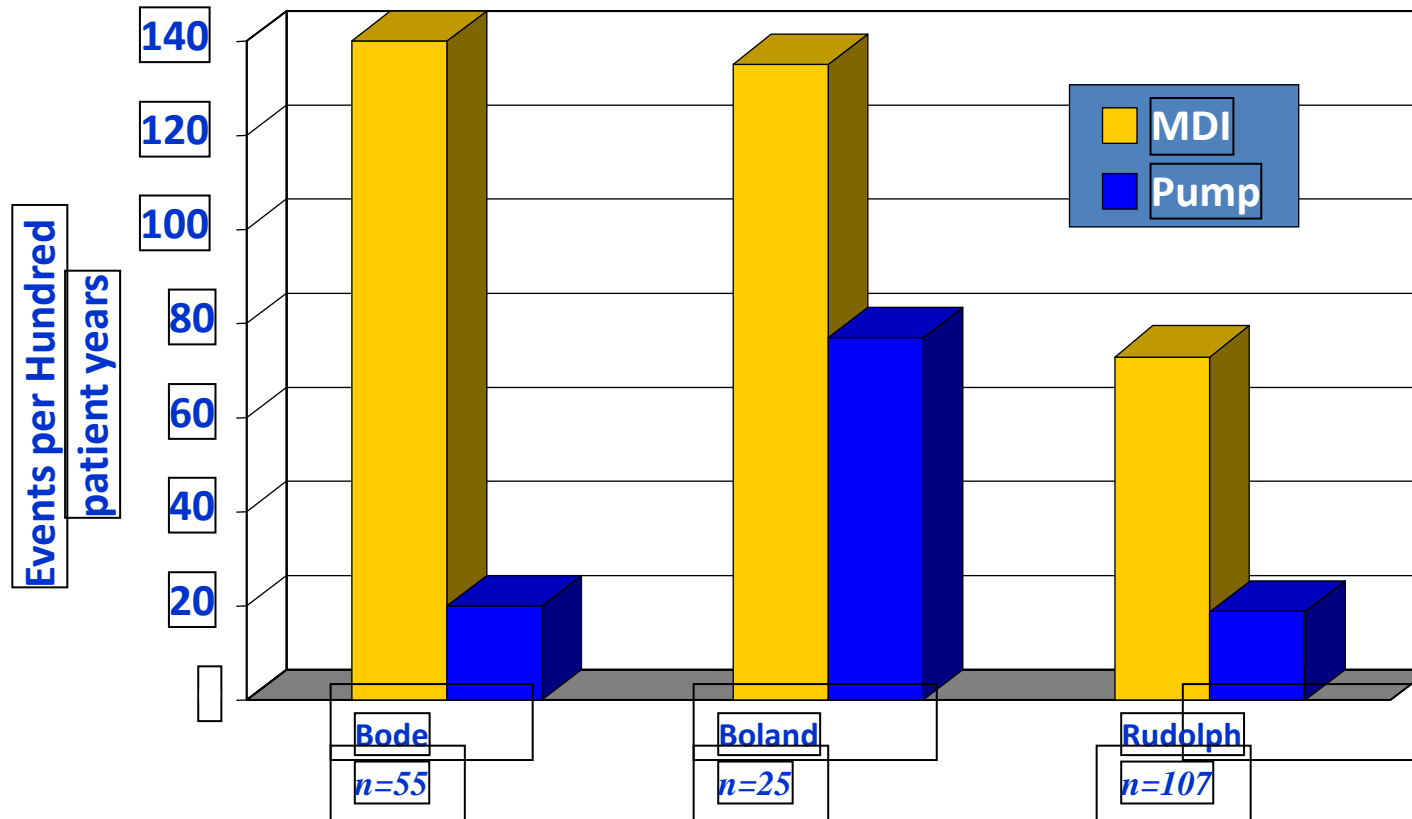
CSII Reduces HbA_{1c}



Chantelau E, et al. *Diabetologia*. 1989;32:421–426; Bode BW, et al. *Diabetes Care*. 1996;19:324–327; Boland EA, et al. *Diabetes Care*. 1999;22:1779–1784; Bell DSH, et al. *Endocrine Practice*. 2000;6:357–360; Chase HP, et al. *Pediatrics*. 2001;107:351–356.

Pump Therapy Reduces Incidents of Severe Hypoglycemia

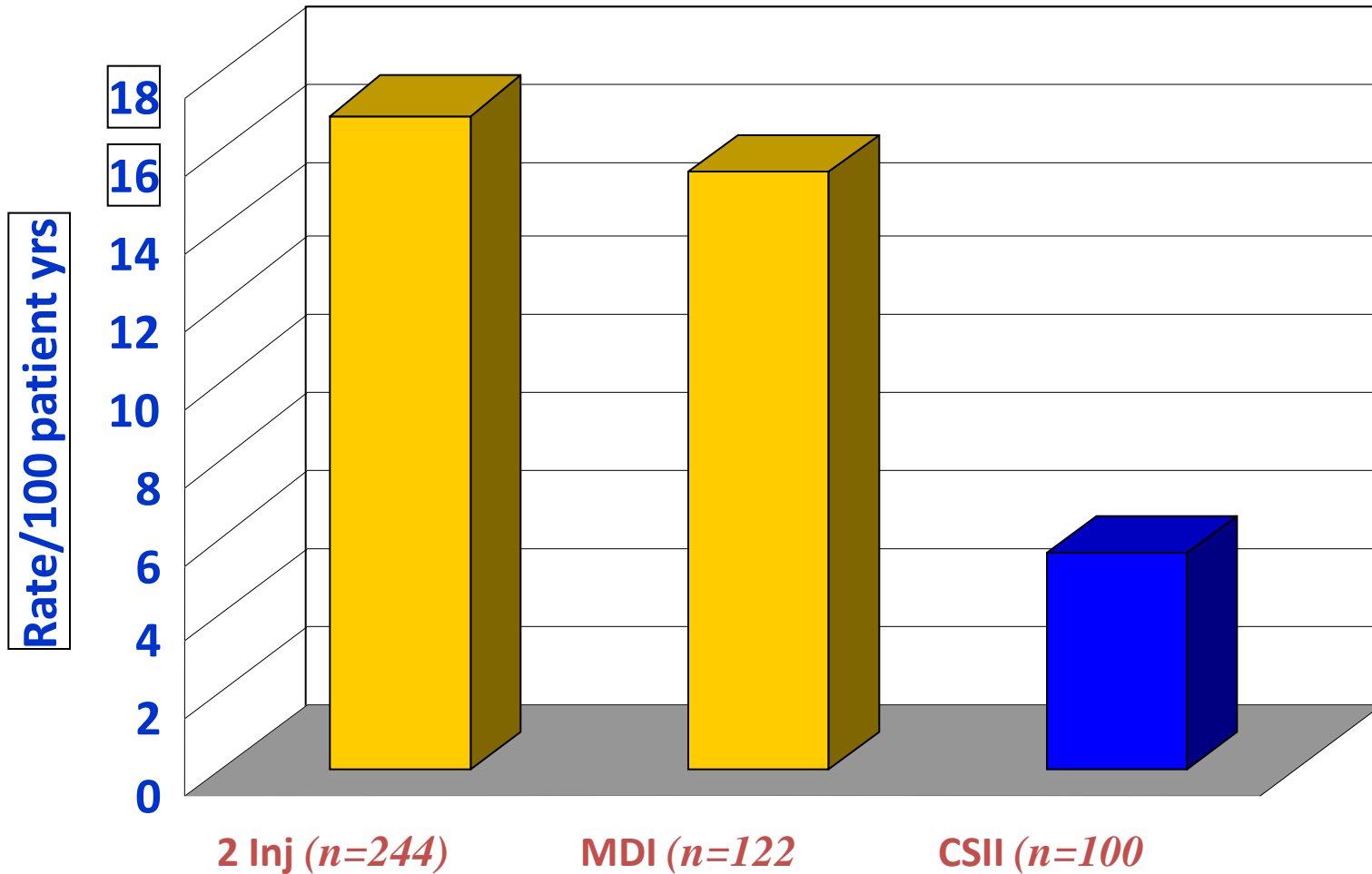
Severe Hypoglycemic Episodes MDI vs CSII



Adapted from Bode, BW et al., Diabetes Care 1996, 19:325-7. Boland, EA et al., Diabetes Care 1999, 22:1779 - 84.
Rudolph JW, Hirsch IB. Assessment of Therapy with Continuous Subcutaneous Insulin Infusion in an Academic
Diabetes Clinic. Endocrine Practice 2002; 8: 401 - 405

Decreased Risk of Severe Hypoglycemia

Severe Hypoglycemia in Children by Type of Therapy



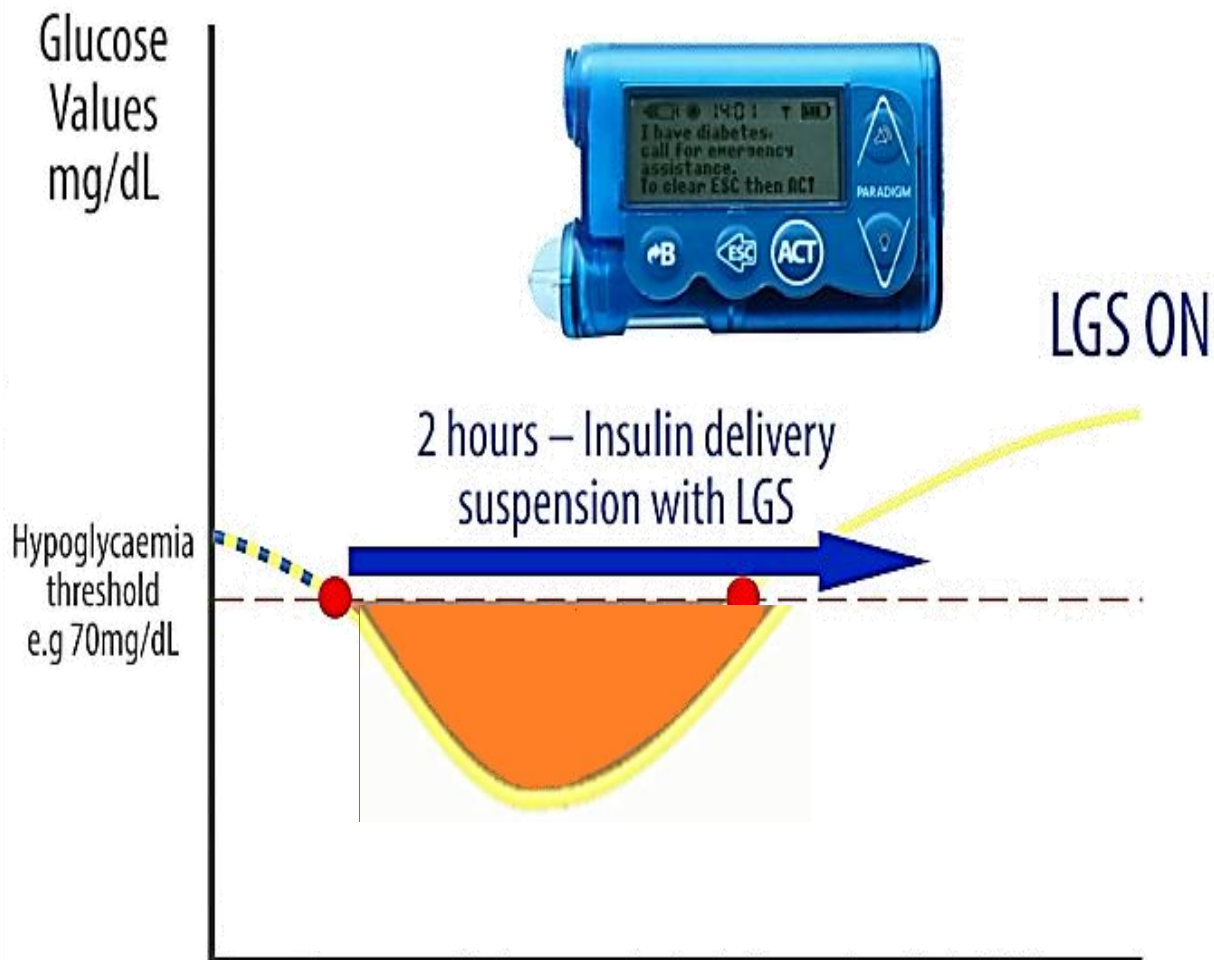
'LOW GLUCOSE SUSPEND (LGS)' MINIMIZES SEVERE HYPOGLYCEMIA

MiniMed® Paradigm Veo™ with LGS is the ONLY automated insulin delivery system clinically proven to significantly reduce hypoglycaemia

Nocturnal Hypoglycemia *

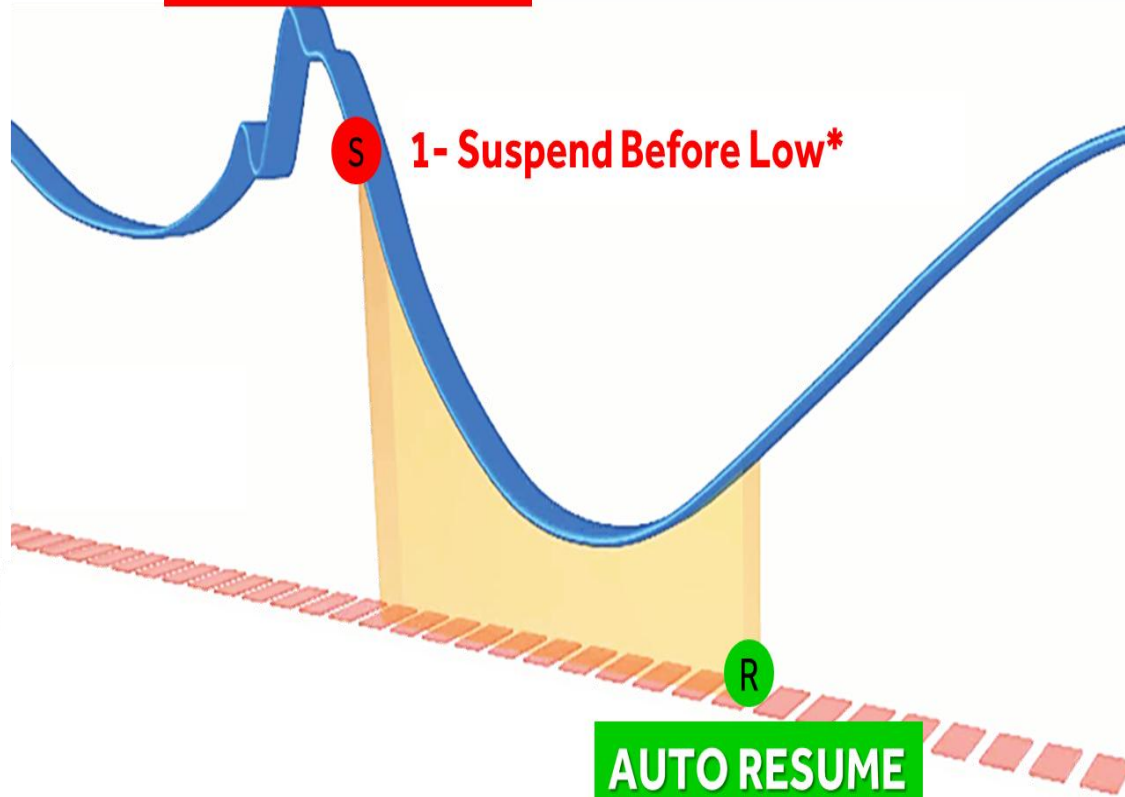
38%

reduction in duration & severity of NH



'SMARTGUARD™ TECHNOLOGY PROVIDES ADVANCED PROTECTION AGAINST HYPOGLYCEMIA (AUTO SUSPENSION & AUTO-RESUME OF INSULIN)

AUTO SUSPEND



AUTO RESUME

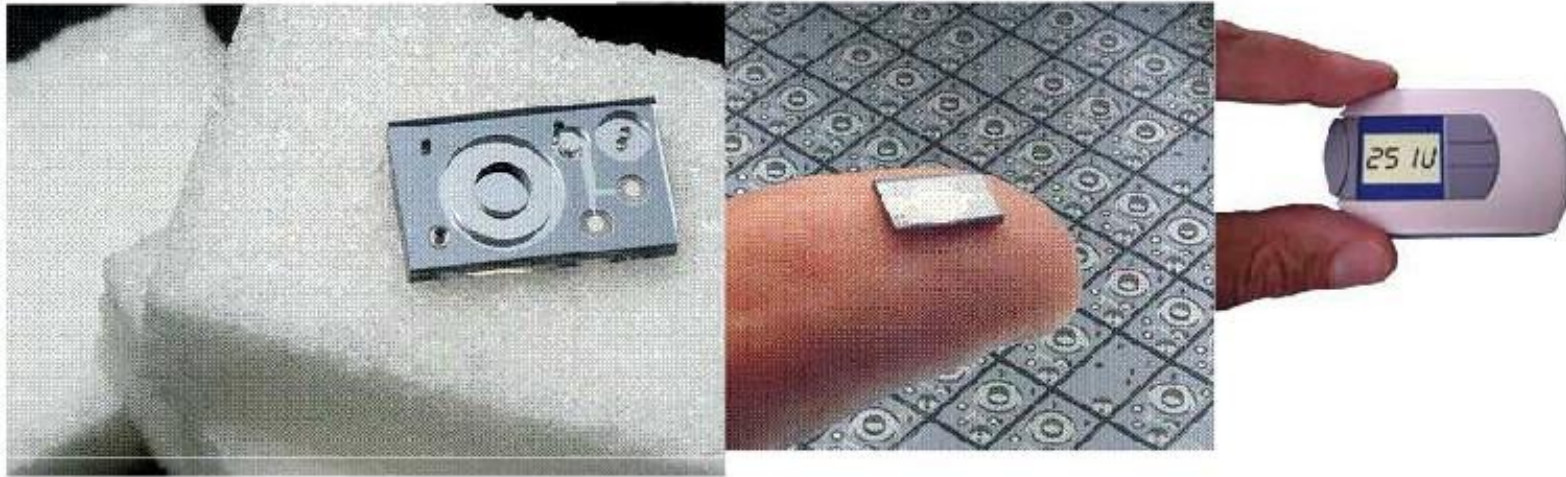
- ✓ Auto based on SG value
- ✓ Auto based on 2 hour max





Future Development

Micro-pump



Debiotech has been developing small pumps from Micro-Electro-Mechanical Systems or MEMS technology. These devices are made from silicon (not silicone!) and easily mass-produced to keep cost low.

Silicon is harmless, but it is not clear how insulin may interact with silicon surfaces.



**Insulin pump technology is to
combine with a continuous blood
glucose monitoring system**


“2 in 1 machine”






**Clinical trials: implantable insulin pumps
and continuous glucose sensors**






Dual hormone insulin pumps that infuse either insulin or glucagon. In event of hypoglycemia, the glucagon could be triggered to increase the blood glucose.

It would be particularly valuable in a closed loop system under the control of a glucose sensor





Ultrafast insulin which are absorbed more quickly than the currently available rapid acting insulin which have a peak at about 60 minutes

It theoretically coordinate with meals better, and allow faster recovery from hyperglycemia if the insulin infusion is suspended.

**They are in development by Biodel
Halozyme, and Novo Nordisk**



Future Pump Features

Automatic TDD adjustment

- Average blood sugar and standard deviation
- % TDD used for corrections
- Basal/bolus balance

Automatic basal testing

- Overnight
- Daytime, when meal is skipped

Automatic carb factor testing

- Premeal, 2 hr postmeal peak, normal in 4-5 hrs?

Automatic correction factor testing

- High-to-normal in 4-5 hours?



Our Dream !!

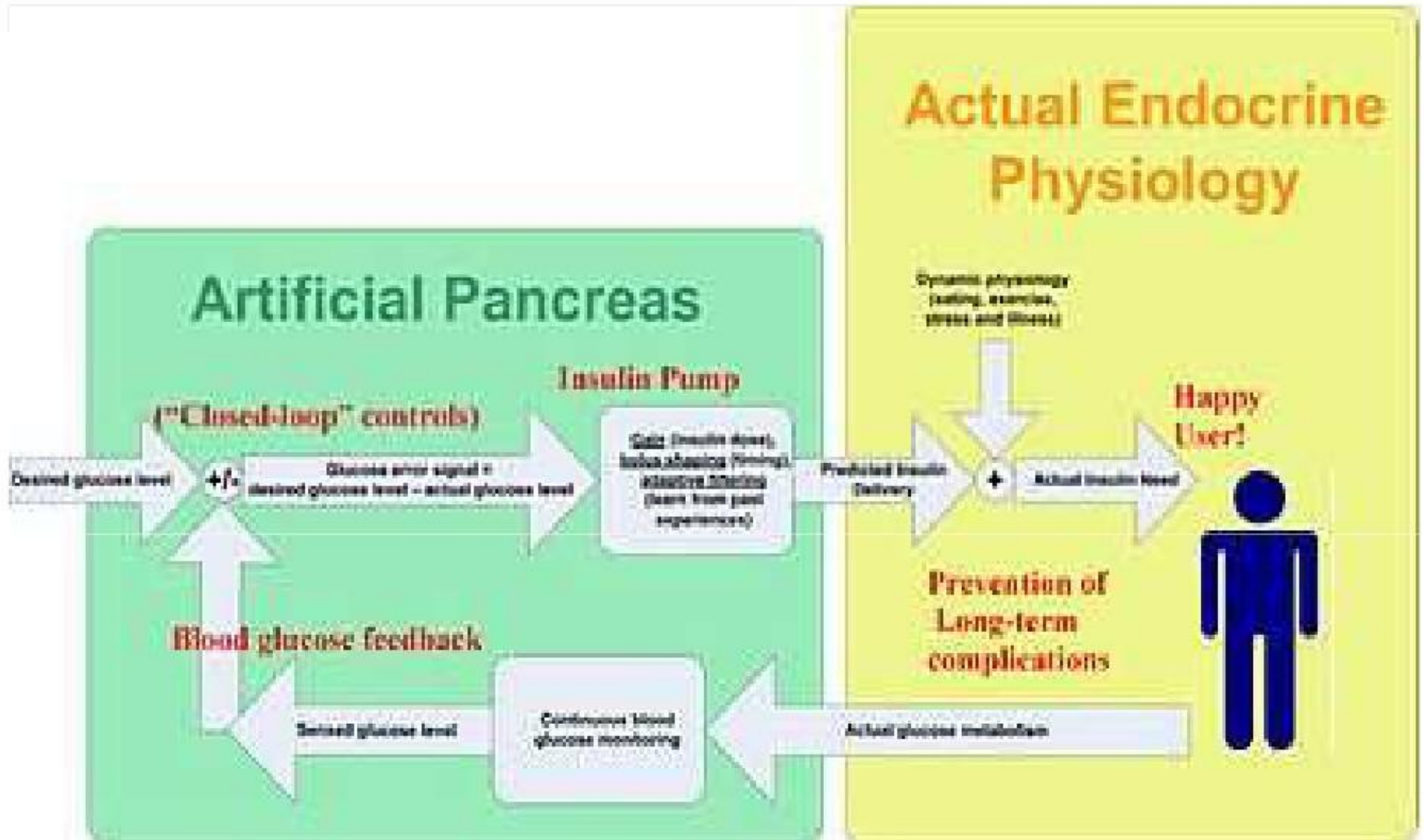
An Artificial Pancreas

“ Closed Loop System”



The artificial pancreas (AP)

- known as closed-loop control of blood glucose in diabetes, is a system combining;
 - glucose sensor
 - **smart” control algorithms**
 - insulin infusion device



Feedback of real-time blood glucose data to an insulin pump for basal & bolus control

